



Child Development Evaluation

Session Itinerary

July 10 – July 24, 2026

This itinerary serves as an initial guide, giving you a preview of how we will balance project work, cultural activities, and sightseeing. Details may shift as we plan together.

Day 1 – Arrival in Accra (Friday, July 10)

AM-PM Pick up at the Airport (Volunteers will be met by staff of GHEI)

EVE Dinner and overnight in Accra

Day 2 – Introduction to Ghana (Saturday, July 11)

8AM–12PM Walk to Nkrumah Mausoleum, Jamestown Lighthouse and Makola Market

12PM–3PM Lunch and walk in Osu and other places of interest

4PM–5PM Twi lesson 1

6PM Dinner and overnight in Accra

Day 3 – Travel to Humjibre (Sunday, July 12)

Depart Accra at 5:00AM by Trotro to Humjibre with stops for snack, lunch and bathroom

4PM–6PM Orientation to volunteer house and GHEI compound; relax and settle in

6PM–8PM Dinner and welcome drinks with GHEI staff

Day 4 – Introduction to Humjibre; initial planning (Moay, July 13)

7AM–9AM Village Tour

10AM–11AM GHEI Orientation

12PM–1PM Lunch

◆ 2:30PM–4PM Data Collection Training I

6PM Dinner

◆ 7PM Data collection training II: Review survey with interviewers

Day 5 – Data collection day 1 (Tuesday, July 14)

◆ 6:30AM – 9AM: Day 1.1 Surveys: Practice run – Israel (section of Humjibre)

10AM–3PM Visit to the district hospital to learn about medical care in Ghana

◆ 3:30PM–5PM Day 1.2 Surveys: Surveys in – Clinic top

6PM Dinner

7PM Twi Lesson 2

Day 6 – Data collection day 2 (Wednesday, July 15)

◆ 6AM–8:30AM Day 2.1 surveys in – Canada

9AM–11AM Meet the Chief and Elders of Humjibre and observe a local Ghanaian tradition

11:30AM–2PM Market day in Bekwai to explore the weekly market, shop.

12:30 Lunch in Bekwai

◆ 3PM–5:30PM Day 2.2 surveys in – Left Bank

6PM Dinner

◆ 7PM Data cleaning (identify errors)

Day 7 – Data collection day 3 (Thursday, July 16)

◆ 6AM–9AM Day 3.1 surveys in – Right Bank

◆ 9:30AM Debrief on surveys; address any issues; data cleaning

12PM Lunch

1PM Mother Mentor Program playgroup session

◆ 3:30PM – 6PM: Day 3.2 surveys in – Zongo

6:30PM Dinner

7PM Cross cultural discussion

Day 8 – Data collection day 4 (Friday, July 17)

◆ 6AM–9AM Day 4.1 surveys in – Habitat

9AM–10:30AM Attend child welfare clinic. A good opportunity to observe Ghana's approach to primary healthcare.

12PM Lunch

1:30PM Batik tie and dye (learn how to design your own fabric)

4PM Twi Lesson 3

6PM Dinner

7PM Game night: oware, cards, ludo, draught, jinga etc.

Day 9 – Data collection day 5 (Saturday, July 18)

7AM Exercise at the community center

8AM Local farm visit – learn about farming and cocoa in Ghana

12PM Lunch and learn to cook and enjoy Ghanaian food (fufu)

◆ 3PM–5:30PM Day 5.1 surveys in – Lowcost

6PM Dinner

7PM Mid-session check-in and discussion

Day 10 – Sunday: community day (Sunday, July 19)

9AM–11AM Attend local church services (optional, but culturally interesting regardless of your faith)

12PM Lunch

2:30PM–5PM Outdoor games

6PM Dinner

7PM Drumming and dancing with local performance group

Day 11 – Data collection day 6 (Monday, July 20)

◆ 6AM–8:50AM Day 6.1 surveys in – Oseikrom

12PM Lunch

◆ 3PM–5PM Day 6.2 surveys– revisits as needed

6PM Dinner

◆ 7PM Data cleaning

Day 12 – Final Day in Humjibre: finalize reports and farewells (Tuesday, July 21)

8AM Visit to Bonsan waterfalls with lunch

4PM Finish exit interviews

6PM Dinner

◆ 7PM Finish reporting

8PM Farewell drinks with staff

Day 13 – Travel and sightseeing in Kumasi (Wednesday, July 22)

6AM Travel to Kumasi (3 hours)

9AM Tour of Kejetia Market, the largest market in West Africa

12PM Lunch

1PM Visit to the National Cultural Centre (great opportunity for souvenirs)

6PM Dinner

Day 14 – Travel and Cape Coast sightseeing (Thursday, July 23)

6AM Travel from Kumasi to Cape Coast

10AM Kakum National Park

12PM Lunch

1PM Tour of Cape Coast Castle

3PM Travel to Accra (2 hrs)

6PM Dinner and overnight in Accra

Day 15 – Departure (Friday, July 24)

Depart from Accra for home